

Alfrescos Restaurant & Bar is a family business, established since October 2008 a favourite for locals and tourists alike.

Open every day from 7.30am providing fantastic food, great coffee, delicious desserts and outstanding service.

LIVE MUSIC every Sunday 3pm-6pm.

SUNDAY ROAST Sundays from 3pm.
\$15 roast meat with trimmings.

HAPPY HOUR every day on our Monteith's tap beers and house wine from 3pm-6pm.

We are available for
GROUP BOOKINGS

Enjoy a drink and get our
COURTESY VAN to drop you home.
(Subject to availability please enquire with staff)

FREE WIFI

CONTACT us on...

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(v) Vegetarian (df) Dairy Free

(gf) Gluten Free

(gf opt) Gluten Free Option Available

(df opt) Dairy Free Option Available

Breakfast

Available from 7.30am-11.30am

Rosti (v) \$17.0

Root vegetable Rosti, spinach, roasted vine tomato, bloody Mary puree, poached egg.

Bay Breakfast \$17.5

Eggs cooked to your liking, streaky bacon, hash browns, artisan sausage, roasted tomato, multigrain toast.

Hot Cake Stack \$16.5

Hot cakes stacked with bacon, caramelised banana, maple syrup and vanilla custard.

Light and Tasty (v)(gf opt) \$16.5

House made granola, fresh fruit salad, toast, yoghurt and berry compote.

Eggs Benedict (gf opt)

Poached eggs, spinach on toasted English muffin topped with hollandaise and your choice of-

Bacon \$17.0

Salmon \$19.5

Vegetarian \$17.5

Fisherman's Breakfast (gf opt) \$17.0

Pan fried Dory, herb crushed potatoes, poached eggs, roasted tomato, spinach, toast and hollandaise sauce.

Mince on Toast (df) \$16.0

Classic savoury mince, poached eggs, chunky toast and onion rings.

Bacon and Eggs \$9.0

Eggs cooked to your liking with streaky bacon and toast.

Gluten free bread available add \$1.0
Extras available please ask wait staff

Lunch

Available from 11.30am-4pm

Caesar Salad (gf opt)(df) \$15.0

Cos lettuce, crispy bacon, croutons, parmesan, egg, anchovies, Caesar dressing.

Add Chicken or Prawn \$6.0

Mussels (gf)(df) \$18.0

Pan fried mussels dusted with salt and pepper, lime and coconut aioli, Caribbean fruit salsa.

Buckwheat Salad (v)(gf) \$17.0

Buckwheat, blue cheese, baby leaf, artichoke, pomegranate, candied walnut, poached pear.

Ocean Roll (df) \$17.0

Marinated prawn and crab, avocado salsa, thousand island aioli, crunchy slaw, freshly baked tiger bread

Summer Salad (df)(v)(gf) \$19.0

Broccolini, toasted almond, apple, baby leaf, peppercorn and pineapple sage vinaigrette.

Taste of the Bay (gf) \$20.0

Fish cake served with citrus and pickled fennel salad and pea puree.

Spicy Beef Salad \$19.0

Seared beef strips, Asian slaw, crispy egg noodles, sweet chilli dressing.

Fish n Chips (gf opt) \$21.0

Beer battered or pan fried Dory, chunky fries, garden salad and tartar sauce.

Seafood Chowder \$17.0

Creamy seafood chowder with toasted bread.

Soup of the Day \$16.0

Today's Soup served with fresh bread.

Kids Breaky

Available from 7.30am-11.30am

Bacon and Egg (gf opt) \$7.5

Egg cooked to your liking with bacon and toast.

Hot Cakes (v) \$8.0

Two hotcakes, caramelised banana and maple.

Mouse Trap \$6.0

Spaghetti and cheese on multigrain toast.

Kids Lunch & Dinner

Available from 11.30am-late

Fish and Chips \$12.0

Battered Fish, chips and tomato sauce.

Burger and Chips \$12.0

Beef burger with lettuce, tomato, tomato sauce and chips.

Pasta Ragout \$12.0

Beef ragout with pasta and parmesan.

Roast Chicken (gf) \$12.0

Grilled chicken with potatoes and veggies.

Kids Dessert

Banana Split \$7.5

Banana, vanilla ice cream, chocolate sauce and sprinkles.

Ice Cream Sundae \$6.5

Vanilla ice cream topped with sprinkles and berry, chocolate or caramel sauce.

Kids Drinks

Witches Brew \$6.5

Sprite, Raspberry and vanilla ice cream.

Traffic Light \$6.5

Layered fruit drink.

Desserts

Available from 11.30am

Chocolate Torte (v)(gf) \$15.0

Chocolate torte, tropical fruit salad infused with chilli, vanilla bean ice cream, mint gel.

Citrus Cheesecake (v) (gf) \$14.0

Citrus and mascarpone cheesecake, blueberry gel, blueberry compote, citrus curd.

Butterscotch Brulee (v) \$14.0

Butterscotch brulee, date pudding, salted caramel ice cream, biscotti crumb, caramel shard.

Summer Pudding (df opt) \$14.0

Classic English summer berry pudding, orange and brandy crème fraiche, fruit puree

Dessert Special \$POA

Ask your server for today's special.

Night Cap

Available from 11.30am

Dessert Wine

Okahu 90 Mile Beach Northland \$8.0 Gls

Liqueur Coffee \$13.0

Black espresso coffee or hot chocolate topped with whipped cream and your choice of selected liqueur- Jameson, Baileys, Kahlua, Cointreau, Drambuie, Frangelico or Galliano.

Alf's Espresso Martini \$16.0

Irish cream, vodka, white chocolate liquor, espresso and chocolate bitters.

Toblerone \$16.0

Tia Maria, white chocolate liquor, chocolate bitters, cream.

Grazers & Small Bites

Available from 11.30am

Hot Buffalo Chicken Wings \$14.0

With sour cream and chilli sauce.

Salt and Pepper Calamari \$14.0

Crispy capers, lemon and thyme aioli.

Prawn Crevette \$18.0

With thousand island sauce.

Local Oysters

Chilled oysters with bloody mary puree.

Half Dozen \$20.0 Dozen \$38.0

Garlic Loaf (v) \$8.00

Baked Focaccia (to share) \$19.0

A freshly baked Focaccia loaf with house made dips and olives.

Burgers

Available from 11.30am

All burgers served on a toasted bun with iceberg lettuce, slaw, sliced tomato and side of fries.

Angus Beef \$19.0

120g Angus beef patty, beetroot puree, gruyere cheese, bacon bits.

Spiced Chicken \$19.0

Spiced buttermilk chicken fillet, brie cheese, cranberry aioli.

Veggie Burger (v) \$19.0

Grilled summer vegetables, mozzarella, and basil pesto.

Fish Burger \$19.0

Battered Dory, pickled ginger, Japanese dressing, wasabi mayonnaise.

Entrees

Available from 5.30pm

Roulade (gf) \$19.0

Snapper and crab roulade, avocado salsa, bacon and citrus vinaigrette, baby leaf.

Summer Vegetable Tart (v) \$18.0

Mille de brick, summer vegetables, goat's cheese cream, herb tapenade, toasted pinenut.

Beef Croquette (gf) \$18.0

Beef and horseradish croquette, pickled mushroom and daikon salad, smoked potato puree, wasabi mayonnaise, beef tea.

Ceviche (df)(gf) \$18.0

Scallop and king prawn ceviche, bloody mary puree, baby gem, minted pea puree.

Seafood Chowder \$17.0

Creamy seafood chowder with freshly baked bread.

Baked Foccacia (to share)(v) \$19.0

A freshly baked Foccacia loaf with house made dips and olives.

Roast Duck (df)(gf) \$18.0

Aromatic roast duck, pickled red cabbage, witloof, orange, salted cashew, spicy plum sauce.

Soup of the Day \$16.0

Today's Soup served with fresh bread.

Local Oysters

Chilled oysters with bloody mary puree.

Half Dozen \$20.0

Dozen \$38.0

Fries \$6.0

Side Potatoes \$7.0

Side Salad \$7.0

Side Vegetables \$7.0

Mains

Available from 5.30pm

Lamb Duo (df opt) \$34.5

Herb and parmesan crusted lamb rack, lamb ballontine, beetroot puree, green beans, summer vegetable couscous, mint gel, feta cream.

Roast Portobello Mushroom (v) \$27.0

Slow roasted Portobello mushroom, blue cheese, spinach and wild mushroom risotto, truffle oil, herb vinaigrette.

Aged Scotch (df) \$34.0

Premium aged 250g scotch fillet, Anna potato, Manuka glazed parsnip and butternut, mushroom puree, red wine reduction.

Free Range Chicken Breast (df)(gf) \$31.0

Pan roasted thyme and garlic chicken breast, ham hock, haricot bean, mustard and leek cassolet.

Fish of the Day \$POA

Ask your server for today's catch.

Fish n' Chips (gf opt) \$POA

Beer battered or pan fried catch of the day, creamy fries, garden salad, tartar Verdi.

Taste of the Bay (df)(gf) \$29.0

Classic ocean bouillabaisse, freshly baked tiger bread.

To Share

No Batter Seafood Platter \$62.0

Selection of mussels, oysters, kokoda, pan fried fish, prawns, fish cake, salt and pepper calamari, shrimp cocktail, breads and chef's choice.

The Hungry Man \$56.0

Chicken wings, buttermilk fried chicken, venison sausage, pork belly, beef short rib, wedges, BBQ sauce and pickled vegetables