

Alfrescos Restaurant & Bar is a family business, established since October 2008 a favourite for locals and tourists alike.

Open every day from 8.00am till late serving freshly prepared food by our in-house chefs, so sit back and relax and enjoy a drink from our fully licensed bar.

If you have any dietary requirements or time constraints please inform our wait staff.

LIVE MUSIC every Sunday 3pm-6pm.

SUNDAY ROAST Sundays from 3pm.
\$15 roast meat with trimmings.

HAPPY HOUR every day on our Monteith's tap beers and house wine from 3pm-6pm.

We are available for
GROUP BOOKINGS

Enjoy a drink and get our
COURTESY VAN to drop you home.
(Subject to availability please enquire with staff)

FREE WIFI

CONTACT us on...

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(v) Vegetarian (df) Dairy Free

(gf) Gluten Free

(gf opt) Gluten Free Option Available

(df opt) Dairy Free Option Available

Breakfast

Available from 8am-11.30am

Rosti (v) \$17.0

Root vegetable Rosti, spinach, roasted vine tomato, bloody Mary puree, poached egg.

Bay Breakfast \$17.5

Eggs cooked to your liking, streaky bacon, hash browns, artisan sausage, roasted tomato, multigrain toast.

Hot Cake Stack \$16.5

Hot cakes stacked with bacon, caramelised banana, maple syrup and vanilla custard.

Light and Tasty (v)(gf opt) \$16.5

House made granola, fresh fruit salad, toast, spreads, Greek yoghurt and berry compote.

Eggs Benedictive (gf opt)

Poached eggs, spinach on toasted English muffin topped with hollandaise and your choice of-

Bacon \$17.0

Salmon \$19.5

Vegetarian \$17.5

Fisherman's Breakfast (gf opt) \$17.0

Pan fried Dory, herb crushed potatoes, poached eggs, roasted tomato, spinach, toast and hollandaise sauce.

Alf's Mince on Toast (df) \$16.0

Classic savoury mince, poached eggs, chunky toast and onion rings.

Bacon and Eggs \$10.0

Eggs cooked to your liking with streaky bacon and toast.

**Gluten free bread available add \$1.0
Extras available please ask wait staff**

Lunch

Available from 11.30am-4pm

Caesar Salad (gf opt)(df) \$15.0

Cos lettuce, crispy bacon, croutons, parmesan, egg, anchovies, Caesar dressing.

Add Chicken or Prawn \$6.0

Russel Mussels (gf)(df) \$18.0

Pan fried mussels dusted with salt and pepper, lime and coconut aioli, Caribbean fruit salsa.

Buckwheat Salad (v)(gf) \$17.0

Buckwheat, blue cheese, baby leaf, artichoke, pomegranate, candied walnut, poached pear.

Ocean Roll (df) \$17.0

Marinated prawn and crab, avocado salsa, thousand island aioli, crunchy slaw, freshly baked tiger bread

Summer Salad (df)(v)(gf) \$19.0

Broccolini, toasted almond, apple, baby leaf, peppercorn and pineapple sage vinaigrette.

Taste of the Bay (gf) \$20.0

Fish cake served with citrus and pickled fennel salad and pea puree.

Spicy Beef Salad \$19.0

Seared beef strips, Asian slaw, crispy egg noodles, sweet chilli dressing.

Kiwi Fish n Chips (gf opt) \$21.0

Beer battered or pan fried Dory, chunky fries, garden salad and tartar sauce.

Seafood Chowder \$17.0

Creamy seafood chowder with toasted bread.

Soup of the Day \$16.0

Chef's house made soup served with fresh bread.

Grazers & Small Bites

Available from 11.30am

Chicken Wings \$14.0

Choice of either honey soy or hot buffalo sauce with sour cream.

Salt and Pepper Calamari \$14.0

Crispy capers, lemon and thyme aioli.

Local Oysters

Chilled oysters with bloody mary puree.

Half Dozen \$20.0

Dozen \$38.0

Garlic Loaf (v) \$8.00

Bakers Delight (to share) \$19.0

A freshly baked Foccacia loaf with house made dips and olives.

Burgers

Available from 11.30am

All burgers served on a toasted bun with iceberg lettuce, slaw, sliced tomato and side of fries.

Angus Beef \$19.0

120g Angus beef patty, beetroot puree, gruyere cheese, bacon bits.

Spiced Chicken \$19.0

Spiced buttermilk chicken fillet, brie cheese, cranberry aioli.

Veggie (v) \$19.0

Grilled summer vegetables, mozzarella, and basil pesto.

Fisherman's \$19.0

Battered Dory, pickled ginger, Japanese dressing, wasabi mayonnaise.

Desserts

Available from 11.30am

Chocolate Torte (v)(gf) **\$15.0**

Chocolate torte, tropical fruit salad infused with chilli, vanilla bean ice cream, mint gel.

Citrus Cheesecake (v) (gf) **\$14.0**

Citrus and mascarpone cheesecake, blueberry gel, blueberry compote, citrus curd.

Butterscotch Brulee (v) **\$14.0**

Butterscotch brulee, date pudding, salted caramel ice cream, biscotti crumb, caramel shard.

Berry Berry Nice (df opt) **\$14.0**

Classic English summer berry pudding, orange and brandy crème fraiche, fruit puree

Chef's Special **\$POA**

Ask your server for today's special.

Night Cap

Available from 11.30am

Dessert Wine

Okahu 90 Mile Beach Northland **\$8.0 Gls**

Liqueur Coffee **\$13.0**

Black espresso coffee or hot chocolate topped with whipped cream and your choice of selected liqueur- Jameson, Baileys, Kahlua, Cointreau, Drambuie, Frangelico or Galliano.

Alf's Espresso Martini **\$16.0**

Irish cream, vodka, white chocolate liquor, espresso and chocolate bitters.

Toblerone **\$16.0**

Tia Maria, white chocolate liquor, chocolate bitters, cream.

Kids Breaky

Available from 8am-11.30am

Bacon and Egg (gf opt) **\$7.5**

Egg cooked to your liking with bacon and toast.

Hot Cakes (v) **\$8.0**

Two hotcakes, caramelised banana and maple.

Mouse Trap **\$6.0**

Spaghetti and cheese on multigrain toast.

Kids Lunch & Dinner

Available from 11.30am-late

Fish and Chips **\$12.0**

Battered Fish, chips and tomato sauce.

Burger and Chips **\$12.0**

Beef burger with lettuce, tomato, tomato sauce and chips.

Pasta Blaster **\$12.0**

Beef ragout with pasta and parmesan.

Roast Chicken (gf) **\$12.0**

Grilled chicken with potatoes and veggies.

Kids Dessert

Banana Split **\$7.5**

Banana, vanilla ice cream, chocolate sauce and sprinkles.

Ice Cream Sundae **\$6.5**

Vanilla ice cream topped with sprinkles and berry, chocolate or caramel sauce.

Kids Drinks

Witches Brew **\$6.5**

Sprite, Raspberry and vanilla ice cream.

Traffic Light **\$6.5**

Layered fruit drink.

Entrees

Available from 5.30pm

Roulade (gf) \$19.0

Snapper and crab roulade, avocado salsa, bacon and citrus vinaigrette, baby leaf.

Summer Vegetable Tart (v) \$18.0

Mille de brick, summer vegetables, goat's cheese cream, herb tapenade, toasted pinenut.

Beef Croquette (gf) \$18.0

Beef and horseradish croquette, pickled mushroom and daikon salad, smoked potato puree, wasabi mayonnaise, beef tea.

Ceviche (df)(gf) \$18.0

Scallop and king prawn ceviche, bloody mary puree, baby gem, minted pea puree.

Seafood Chowder \$17.0

Creamy seafood chowder with freshly baked bread.

Bakers Delight (to share)(v) \$19.0

A freshly baked Focaccia loaf with house made dips and olives.

Roast Duck (df)(gf) \$18.0

Aromatic roast duck, pickled red cabbage, witloof, orange, salted cashew, spicy plum sauce.

Soup of the Day \$16.0

Chef's house made soup served with fresh bread.

Local Oysters

Chilled oysters with bloody mary puree.

Half Dozen \$20.0

Dozen \$38.0

Fries \$6.0

Side Potatoes \$7.0

Side Salad \$7.0

Side Vegetables \$7.0

Mains

Available from 5.30pm

Lamb Duo (df opt) \$34.5

Herb and parmesan crusted lamb rack, lamb ballontine, beetroot puree, green beans, summer vegetable couscous, mint gel, feta cream.

Roast Portobello Mushroom (v) \$27.0

Slow roasted Portobello mushroom, blue cheese, spinach and wild mushroom risotto, truffle oil, herb vinaigrette.

Aged Scotch (df) \$35.0

Grass fed premium aged 250g scotch rib eye, Anna potato, vine roasted tomato, spinach, mushroom puree, red wine reduction.

Free Range Chicken Breast (df)(gf) \$31.0

Pan roasted thyme and garlic chicken breast, ham hock, haricot bean, mustard and leek cassolet.

Fish of the Day \$POA

Ask your server for today's catch.

Kiwi Fish n' Chips (gf opt) \$POA

Beer battered or pan fried catch of the day, creamy fries, garden salad, tartar Verdi.

Taste of the Bay (df)(gf) \$31.0

Classic ocean bouillabaisse, freshly baked tiger bread.

To Share

No Batter Seafood Platter \$62.0

Selection of mussels, oysters, raw fish, pan fried fish, prawns, fish cake, salt and pepper calamari, shrimp cocktail, breads and chef's choice.

The Hungry Man \$56.0

Chicken wings, buttermilk fried chicken, venison sausage, pork belly, beef short rib, wedges, BBQ sauce and pickled vegetables.